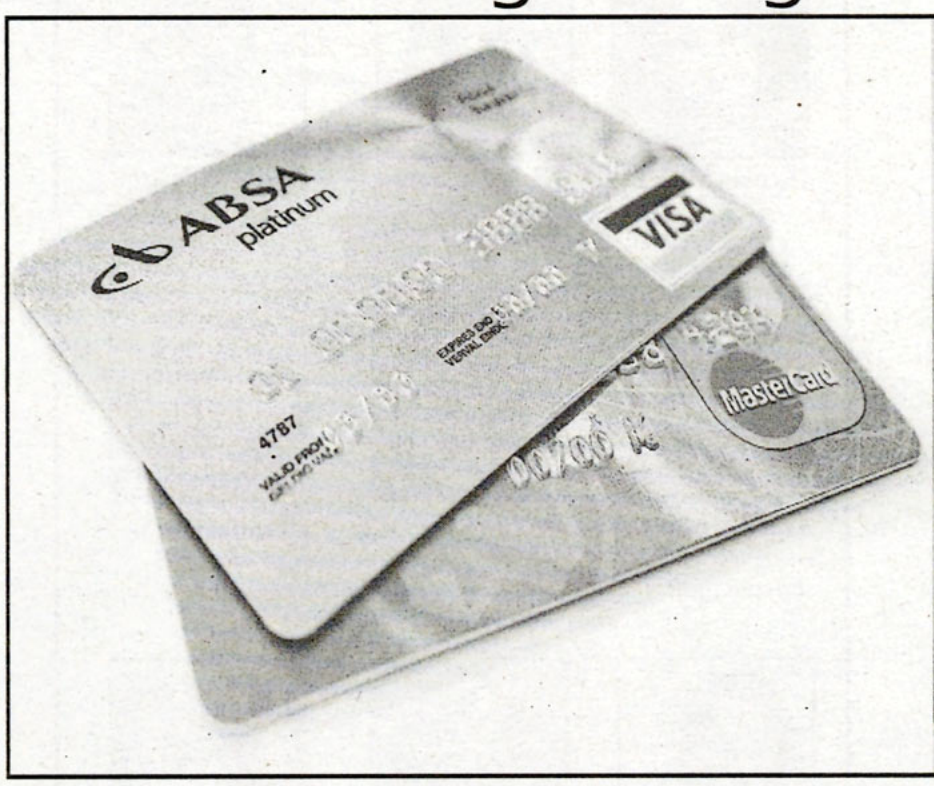
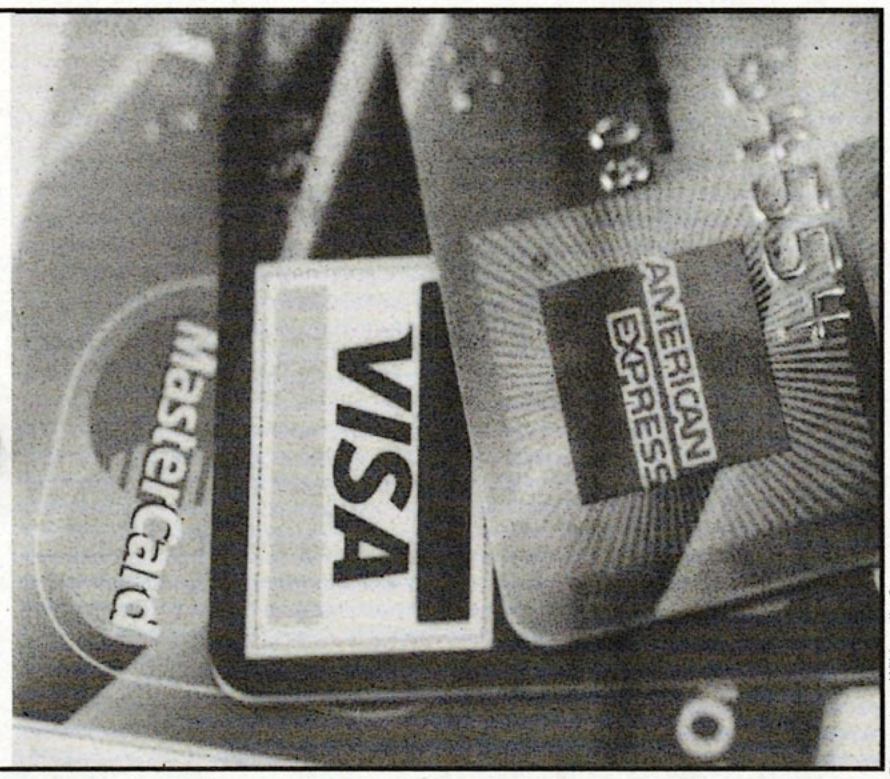
The Lions' Pride

SAINT LEO UNIVERSITY • FRIDAY, FEBRUARY 20, 2015 • VOLUME LIII NO.19 • SINCE 1965

Building Strong Credit as a Student





Photos from Wikimedia Commons

While one should be careful when using a credit card, it is important to build up a strong credit score during college, as it will be beneficial later in life.

By Erin Gaylord
Contributing Writer

College is a great opportunity for students to build credit before entering the work world; however, some college students don't fully understand what credit is, why it's important, how to properly use it, or how it's calculated.

"You have to go in knowing exactly what you're doing," says Barbra Caldwell department chair of Accounting, Finance, and Economics, "the more informed you are, the better consumer you'll be."

To buy an apartment, new car, or even get a cell phone plan, one has to have established credit. Also, if one's credit is not high enough, he or she will not be able to buy any of these things. Credit has to be obtained and properly maintained before he or she will be able to buy an apartment, new car, or cell phone plan. According to Consumer.gov, not having credit history could make it harder to get a job, so college is a great time to start building credit.

Credit is obtained by borrowing money using a gas, store, or bank credit card, and paying it off gradually.

There are also student credit cards, but like every other credit card, there are things to watch out for. Find more information at SaveTheStudent.org.

Starting out, without any establish credit history, one may not be able to get a bank credit card. However, store cards, which can only be used in that store, are usually easier to obtain than bank credit cards, according to Consumer.gov. It's also a better way to start because one may not feel obligated to charge many high charges to the card, if the card can only be used in that store.

Be careful of credit cards that "entice you with free giveaways," says Caldwell.

Set a budget before using the credit card. A good way to ensure that you will not be late for a payment is to set the full amount of the charge aside and only use it to pay the charge little by little until it's paid off. If this is not possible, at least set aside half of the amount of the charge and add to it as possible.

Caldwell said, charge your groceries with your credit card., or something that you would normally pay with your debit card because you already have the money to pay it. Then when the bill comes, pay it off on time.

Do not be late for a payment; this will make the credit score drop. The more money owed means the lower the credit score. Once a credit score drops, it is difficult, and takes a lot of time to bring back up.

To bring credit back up, pay bills on time, pay off as much debt as possible, and don't get a lot of new credit cards, according to Consumer.gov.

0% APR, Annual Percentage Rate, only lasts for a certain amount of time then interest is applied to the charge. The interest after 0% APR can be very high. According to MyCreditUnion.gov, 0% APR's interest rate after the grace period ranges from 7.99% to 30.25%.

There are also annual fees for many credit cards, according to MyCreditUnion.gov, these fees can go up to $500. Beware of the credit cards that promote "no annual fees" because they are trying to distract the consumer's attention from the other fees such as, late payment fees, transaction fees, travel fees, etc. Always read the fine print before buying a credit card; there are many things that may be overlooked that are important and may cost the buyer more money later on.

Only get one credit card. Having many credit cards negatively impacts credit history according to Consumer.gov. Credit scores are calculated by amount of loans and credit cards, how much debt is owed, how long credit has been maintained, and how much new credit has been taken out.

"It can be detrimental if you have too many credit cards," says Caldwell.

According to Consumer.gov, a low credit score is around 300, and a high credit score is between 700 and 850. Good credit is established by paying bills on time and not having big loans. Having a good credit score means lower interest rates, more of a variety for loan choices, lower car insurance rates and more.

Many sites advertise that they allow people to check their credit scores for free, but for many, there will be a charge, according to Consumer.gov.

Know the "difference between what I need and what I want," says Caldwell, "preserve now for future consumption."

For more information on credit, budgeting, and managing money, sign-up at Residence Life to attend Money Mastery an event put on by representatives of T. Rowe Price. It will be held in Selby Auditorium (subject to change) Mar. 5 from 3-5 P.M. This event is limited to the first 30 students that sign-up, and sign-up will begin Feb. 23. There will be giveaways for the students that attend.

CHECK US OUT ONLINE!

Cancelled Shows

Photos from twitter@Freaks_Geeks_Twitter

Types of Fabrics

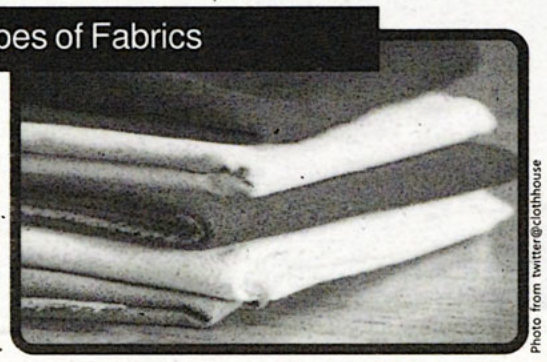


Photo from twitter@clothhouse

Saint Leo Swimmers

Photo from twitter@sluswimming

Campus News

Fashion for a Passion

By Denzel Williams
Contributing Writer

On Feb 9. Saint Leo University's Student Activities Board along with Alpha Phi Alpha fraternity Incorporated and the school's very own Lioness dancers hosted a fashion show dedicated to a week of love for Valentine's Day. The event contained Valentine's Day fashion preparation, prizes and entertainment provided by various students and organizations on and off campus.

The Fashion Exposition: A Valentines Affair was spearheaded by Graduate Assistant for Student Activities Bebe Ankomah and Captain of the Lioness dancers Brittany Green.

"This was basically a fashion show catered to Valentine's Day with the theme of love, not just love shared between couples but love for your culture, pertaining to the African dance group toward the end, and self-love as well; it did have a focus though on what you could wear on Valentines dates also." Said Brittany, a senior in Psychology.

The event first began with a series of performances. Show host and hostess Kofi Taylor and Sarai Paul kicked things off with a welcome and introductions followed by an opening performance by the Lioness dancers and spoken word by Lola Manley.

The actual fashion display began afterwards with the segment called *Colors of Love*. Models were given a color which represented a particular trait, emotion or statement. Students cheered ferociously as models strutted down the runway exhibiting colors such as passionate red, pure white and affectionate pink.

Colors of love was only the beginning. The show took a slight break from modeling and transitioned to more entertainment from students and Greek organizations. Kappa Alpha Psi Fraternity Incorporated along with sister organization Sigma Gamma Rho sorority incorporated began with Greek tribute. A song performance by student Erica Zigon and a dance by "the unknown shadow dancers followed."

Up next was the segment contributed to date apparel. The categories for clothing were broken into formal, semi-formal and casual wear. Love filled the room as couples sashayed down the runway hand in hand. At one point there was even a slight proposal by Tristin Hunt, one of the models for semi-formal date wear.

The event even contained a parody segment on what NOT to wear on a date. Male models Maxy Dorvilus and Tristin Hunt both came out wearing athletic shorts, pajama pants etc.

The finale was yet to come, after a ten minute intermission, West African dance troupe "Nan Nkama" came out and performed.

"The show was very well put together. I found the African Dancers to be very inspirational being that I am very interested in their culture, they were definitely my favorite part. I loved seeing the Greek organization take part also especially the Sigma Gamma Rhos. It's great to see Greek organization get together and participate with non-Greek organizations".

The event had the SCC boardrooms filled, students had to stand all along the walls due to lack of seating.

"I hoping we can do this again soon" said Brittany… " If everyone is on board with it and schedules align then things should be happening soon".

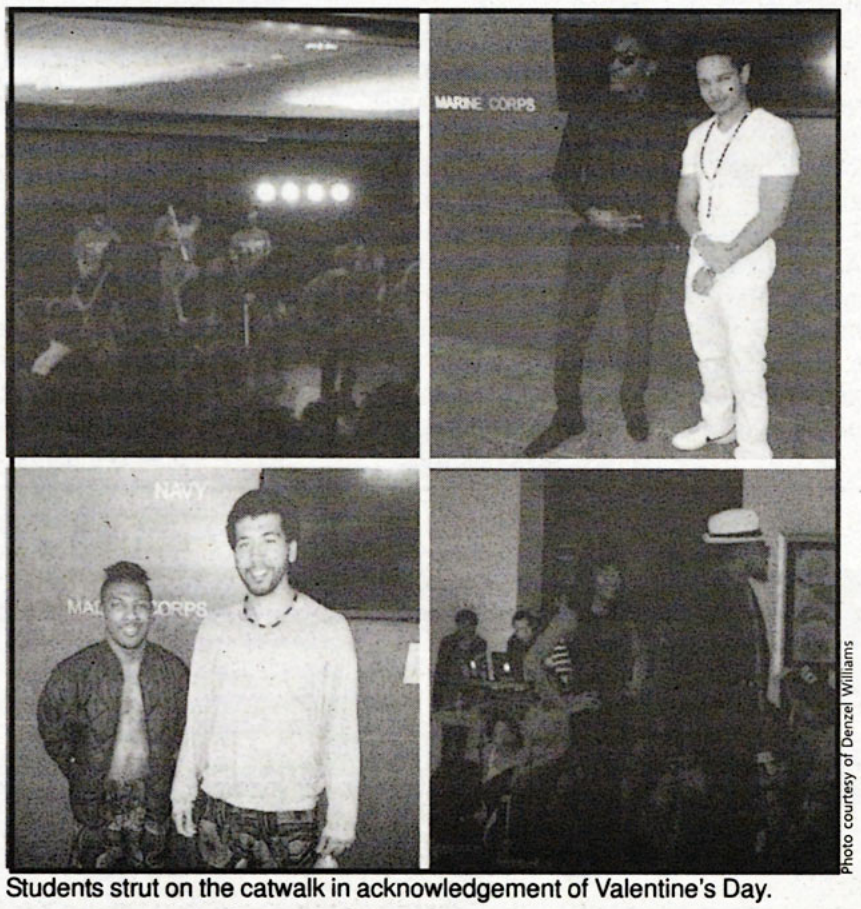
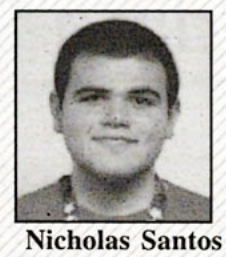


Photo courtesy of Denzel Williams

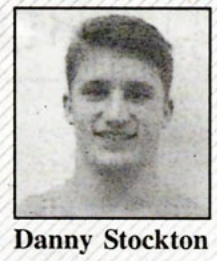
Students strut on the catwalk in acknowledgement of Valentine's Day.

Contact Us

Jessica Miller
Editor in Chief



Nicholas Santos
Managing Editor



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Location

(352) 588-8316
Student Activities Building, Office 106
33701 State Road 52 Saint Leo, FL 33574

Campus News

Open Doors to Opportunity: FBLA

By Devon Bell
Contributing Writer

On a cold Saturday Morning, Saint Leo University's own Future Business Leaders of America, Phi Beta Lambda (FBLA-PBL) prepared themselves to travel to Pasco-Hernando State College for PBL's District Four Competition. It was not too long ago that PBL did not exist on Saint Leo's Campus. Junior and Marketing major, Luckson Abraham, brought PBL to Saint Leo University in 2012 while he was only a freshman. FBLA-PBL is an educational business organization that helps to prepare Students for the workforce.

PBL's District Competition is a gathering where members come to compete against one another in order to prepare for the State Competition that is hosted in Orlando in March. At these competitions, members are to take a written achievement test. Depending on the competition, some may be also required to perform a presentation or small workshop. Saint Leo University's own Sophomore and State Parliamentarian of PBL, Richard Chery made a comment about PBL, "I am proud of the status of the chapter for pushing through diversity."

PBL's District Four Competition started with a continental breakfast for all members and advisors. The staff at Pasco-Hernando State College outdid themselves, giving the many different schools a warm and welcomed presence. Ryan Griffiths, Vice President of District Four for PBL and student at Pasco Hernando State College said, "I am really happy PBL is allowing students to discover what it is they want to do, to make them happy."

Before the competitions started, there was a guest speaker, Lori Bainum, Operator of Lori Bainum & Co. Coach, Consultant, and Trainer. Bainum's previous employment was Director of Advertisement and Sales for Washington Times. Bainum's presentation was on leadership, communication, and how to connect with others. To get the PBL members involved, the presenter had everyone participate in a mental exercise called the DiSC activity. The energy level of the room greatly increased as the activity took place. Many of the students found that the DiSC activity was accurate and related to them well. "Failure is not an ugly word it is an opportunity for you to aspire", Bainum said as she left the students inspired.

After the presentation, competitions were set to begin. Time was against the members of District Four, an hour behind schedule meant nothing for the hard working staff who kept everything going smoothly. There was no worry, the members in charge found a way to keep everything going smoothly. The test environments were similar to a classroom setting; a little background noise, but mostly, peaceful and quiet. After two rounds of testing, students made their way to the main area where they grabbed a bite for lunch.

Saint Leo University's PBL Team put in a great effort at the District Four Competition. A number of members placed first, Irma Sera (Client Service), Stephanie Lawson (Computer Application) also placing fifth in Information Management, Joshua Natonio (Desktop Publishing and Marketing Concepts), Joshua Bartholomew (Future Business Executive), and Krystal Allen (Marketing Concepts). Marlene Camacho and Claudia Pierre both placed second in their competitions (Information Management and Job Interview). Richard Chery placed third in Contemporary Sport Issues. Devon Bell placed fourth in Personal Finance and fifth in Financial Concepts. Kenora Finney placed fifth in Help Desk. The PBL members were happy with their results. Pasco-Hernando State College outdid themselves by hosting a great competition; the afternoon was far from dull. PBL could check off another great experience.

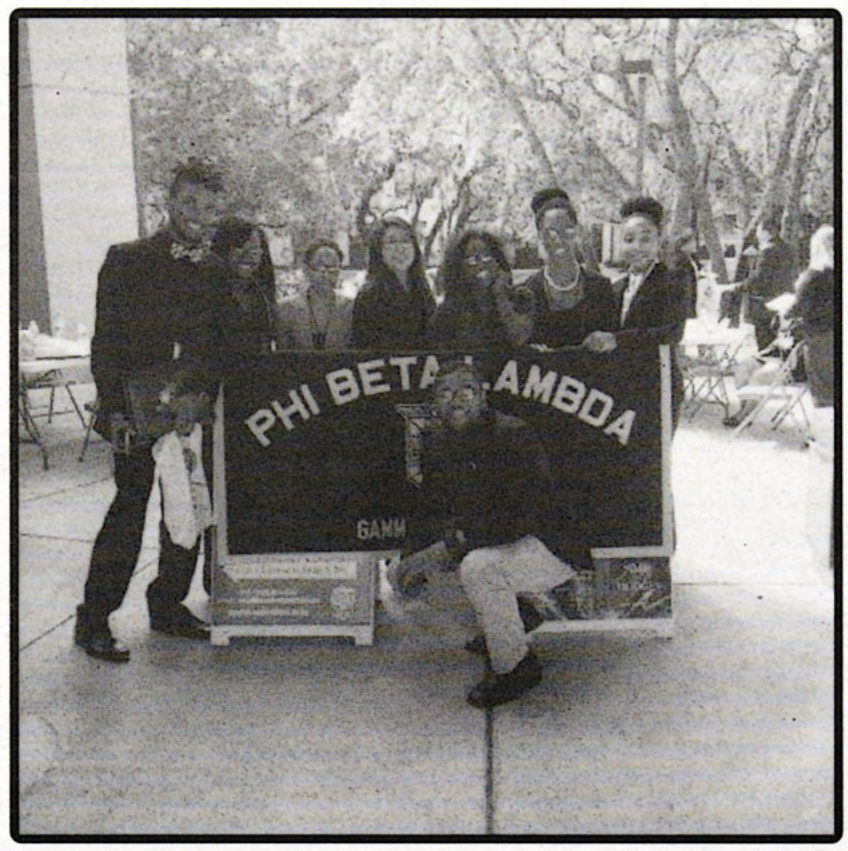


Photo courtesy of Devon Bell

The Phi Beta Lambda members were very excited to participate in the District Competition

Local News

Ten things to see in the Keys

By Stephanie Holz
SLU Student

Henry Flagler Railroad - Built by Henry Flagler to bridge the Florida Keys with the main peninsula. Also known as the Overseas Railroad, construction came to an end in 1912 with tracks spanning all the way from Jacksonville to Key West. On Sept. 13, 1890, James L. McDermott Jr. arrived at Saint Leo College by train from Key West.

Southernmost Point - Visited by over one million people every year, the large buoy was erected in 1983 by the City of Key West. It is approximately 90 miles from Cuba. Strangely, despite the name, Ballast Key is the real southernmost point in the contiguous U.S.

Photo from twitter@ karafranker

Being near the water at sunset is a relaxing and great way to complete a day of vacationing.

Key Deer- A subspecies of the white tailed deer, the Key Deer is the smallest deer in North America and only lives in the Florida Keys. The National Key Deer refuge spans 84,351 acres across 25 islands and provides a protected region for the key deer to live. There are only 600 to 750 key deer left in the wild. Visitors to the area can see deer at dawn or dusk on the far end of Watson Blvd. in No Name Key.

Key Chickens - Ancestors of once domesticated foul, the feral birds are sometimes called gypsy chickens due to their tendency to waddle in and out of traffic and outdoor restaurants all over town. With over 1500 Key Chickens running around, they have become a bit of a nuisance to locals as they crow at all hours of the day. Chickens can be trapped and shipped to organic farms in Central Florida by locals once a month to help resolve the ongoing issue.

Fort Jefferson - The largest brick structure in the Americas with over 16 million bricks, Fort Jefferson is located on Garden Key, about 70 miles West of Key West, in the Dry Tortugas. Built in 1847, the fort was used during the Civil War to house soldiers and their families as well as keep prisoners including Dr. Samuel Mudd, who was involved in the assassination of Abraham Lincoln, behind bars. In 1888, the fort was converted to a marine hospital quarantine station for those afflicted with yellow fever. On Jan. 4, 1935 President Franklin D Roosevelt visited the fort and declared it a national monument. Visitors can take a ferry out to the fort and snorkel in the surrounding waters, fish, camp overnight, or go on a guided tour of the key.

Fort Zachary Taylor - Completed in 1866, the fort was named after President Zachary Taylor and used heavily during both the Civil War and the Spanish-American War. It was placed on the national register of historic places in 1971 and was designated to be a historic landmark in 1973. Today visitors can tour the fort, enjoy scheduled civil war reenactments, participate in Halloween activities in late October each year, or even get married.

Earnest Hemingway's House - Right in the heart of Key West, the famous author lived there from 1928 through the 1950's where most of his life work was accomplished. He was married 4 times and owned several six toed cats. Some of Hemingway's most famous works include A Farewell to Arms and the Old Man and the Sea. Today, visitors can tour the house and play with the 40-50 six-toed cats on the grounds. Some of the cats are descendants of the original six-toed cat "Snow White" which was a gift to Hemingway from a ship's captain. Weddings are also available for those interested.

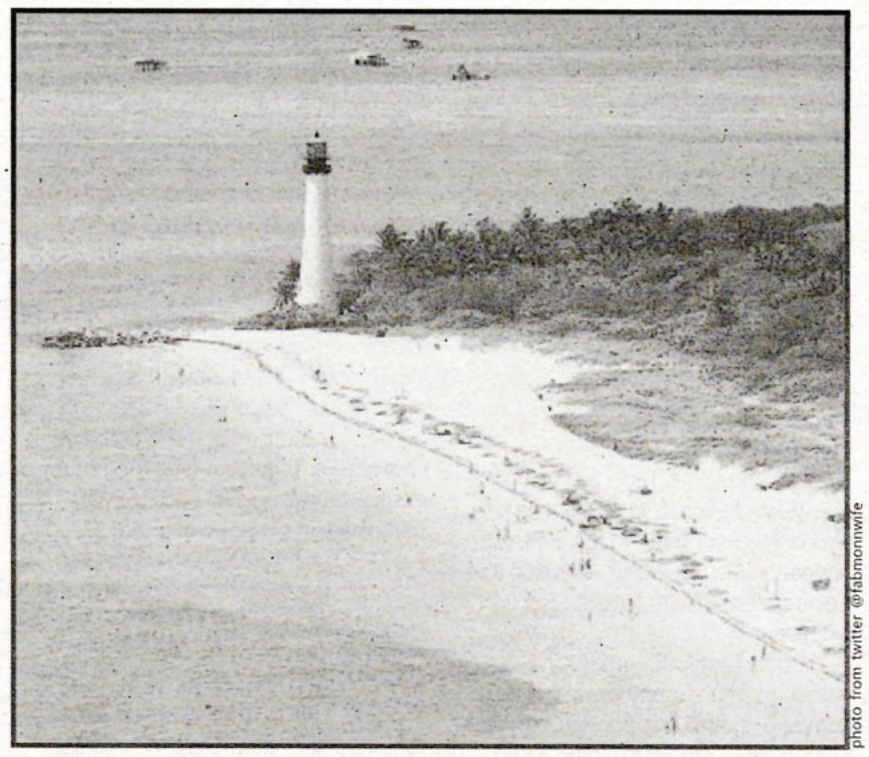


photo from twitter @fabmonniwife

The lighthouse is a breathtaking view and the bright blue water is great for picture taking and fun with family and friends.

Key West Lighthouse - Standing at 73 feet tall, the lighthouse opened in 1848 and was maintained by a female keeper (which was unusual for the time) in order to help ships navigate the dangerous coral reefs of the surrounding waters. The Coast Guard decommissioned the light house in 1969 and it has since been converted into a museum where guests can climb the 88 steps to the top, learn about its history in the keeper's house, or purchase a souvenir from the gift shop.

Blue Hole - Encompassed by the National Key Deer Refuge, the Blue hole is an abandoned limestone quarry. Much of the rock harvested from the area was utilized to build roads on Big Pine Key. A plethora of creatures call the small spot home including but not limited to, alligators, birds, and turtles. Rainwater and saltwater which has passed through the limestone feed the water supply to keep the blue hole full of water.

Mile Marker Zero Sign - The most southern stretch or Route 1, which spans 2,390 miles up the eastern U.S. to Fort Kent, Maine. Visited by hundreds of people every day for the perfect photo and evidence of arrival on the island where they can leave their worries back on the mainland.

Photo from Wikimedia Commons

Many fisherman come to the Florida Keys to catch stone crabs and other seafood delicacies.

Campus News

Focus the Nation Entertains

By Treyjon Baynham
Campus News Editor

Photos courtesy of Jessica Miller

On President's Day, students and residents from various nursing homes from the community gathered within the herb garden outside St. Edward's hall for a period of entertainment and restrospection. The elderly audience was delightfully rewarded for their attendence with the performance of pieces such as "My Girl" (the Temptations) and "All you Need is Love" (the Beatles) by the campus's student-composed choir group the "Saint Leo Singers," and the faculty-composed "Just the Facts." Poetry, both distingushed and original, was also read by a select few of the University's English majors as a treat for those present at the event.

Communication is Key

By Amber Fink
Advertising Manager

Everyone has heard of the saying "a picture says a thousand words," and in many cases that is true. Even though pictures speak a volume, that does not mean that modern society needs to stop communicating with each other.

"Never in history have we been more connected with others through our technology devices than today. However, even though we are much more in contact with the Internet and each other through our technology devices, in my opinion, our ability to communicate with others is actually deteriorating. Rather than having conversations in person, we are relying instead on short telegraphic communication through text and email. The ultimate effect that this has on communication patterns is negative because we are engaging in fewer and fewer conversations with those around us," said Psychology professor, Kevin Kieffer.

Tweeting, blogging, photography, video, Snapchat and public speaking are most used today to communicate with other people all over the world. We are very good at these social media skills as we practice them daily. Face-to-face old-time communication is slowly disappearing due to the lack of practice.

"Conversation and oral communication is like any other skill — the less we use and practice it, the less effective we are at executing it. I have been teaching a course on listening skills for over 15 years now, and it seems that every new group of students I teach in this class have to work much more diligently to develop their communication skills. Communicating clearly with those around us is not something that we are inherently born with — rather, these are skills that can be — and need to be — developed over time," said Kieffer.

How does one actually practice communicating? It seems so natural. In this modernized society it is becoming more rare every day. Effective communication consists of never talking over people, listening, noticing body language, and eye contact.

Talking over people is something that people can become commonly guilty of, if they even notice. This ties in with being a good listener. When interrupting people, one can often complete the other's sentence. This can be interpreted as rude and disrespectful. This skill is especially important when speaking with a high authority figure.

Body language is a major aspect of non-verbal communication. One crossing his or her arm on their chest may be interpreted as disinterest or annoyance with the conversation. On the other hand, if one is using hand gestures in a calm and collected manner, it will appear that the people involved in the conversation are engaged in what is being discussed. Some people don't use their hands when they speak, but that is okay, eye contact is another great way to achieve the same concept.

Eye contact is another major aspect of non-verbal communication. With eye contact, it shows that the people in the conversation are engaged as well as listening intently to what is being said. Maintaining eye contact throughout the conversation can serve as body language, as each person in the conversation is able to read into what the speaker is trying to say, sometimes without them actually saying what is on his or her mind.

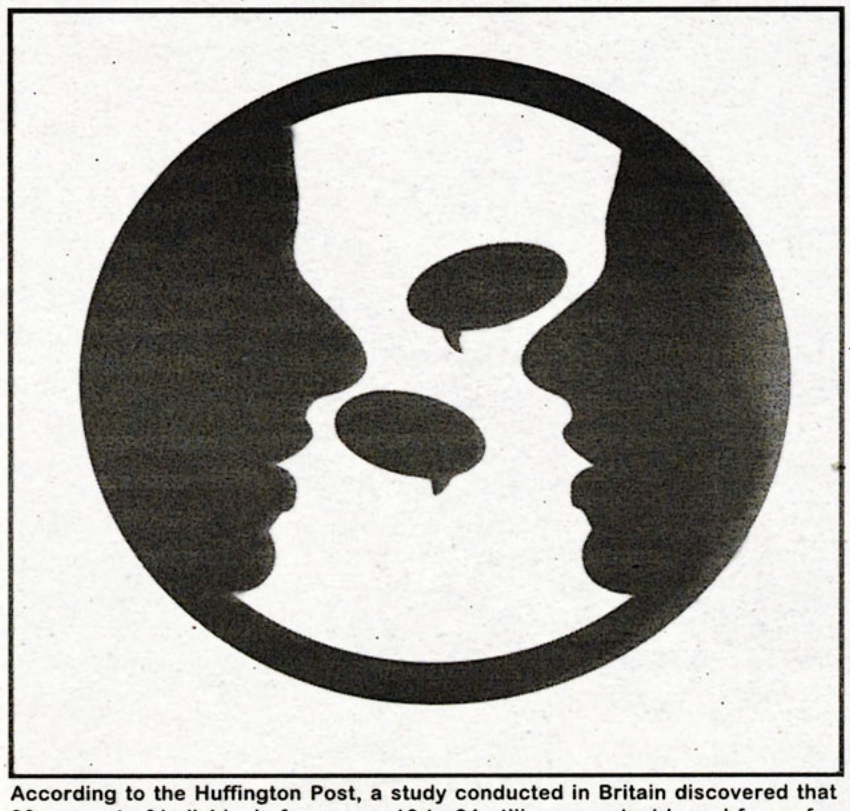


Photo from Wikimedia Commons

According to the Huffington Post, a study conducted in Britain discovered that 96 percent of individuals from ages 16 to 24 utilize some text-based form of communication

Arts & Entertainment

The History of Heavy Metal Part 1

By Annie Hays
Arts & Entertainment Page Editor

Geezer Butler, Tonni Iommi, Bill Ward, and Ozzy Osbourne realized that since people pay to be scared by horror films, they would pay to be scared by music. This, combined with their Blues backgrounds, created Heavy Metal.

Rock n' Roll has spawned countless sub-genres over the last six and a half decades since its inception, but the branch with the most staying power is Heavy Metal. From Black Sabbath to Slipknot, Metal has retained its characteristic loud electric guitar, pounding drums, growling bass, and screaming vocals. Despite these trademarks of the genre, Metal has changed faces dozens of times over the years. Here is a brief history of the first two and a half decades of the genre.

Before there was Metal, there were the edgy hard rock bands of the 1960's. These bands include The Rolling Stones, The Jimi Hendrix Experience, The Who, and Led Zeppelin, who sprung up out of the counter-culture movement of the decade. These bands were able to utilize the new amplification and distortion technologies available to musicians. For instance, Jimi Hendrix was the first musician to purposefully create feedback from his amplifier to make music out of the static, and this technique can be heard in his iconic songs "Purple Haze" and "Foxy Lady."

Many people have speculated on where the name Heavy Metal came from. The name clearly denotes the sharp, bombastic sound that is characteristic of the genre, but the actual name Heavy Metal most likely came from the late 1960's- early 1970's Hard Rock band Steppenwolf. Their most famous song, "Born to be Wild," is about motorcyclists. In describing motorcycles, the song uses the phrase "heavy metal thunder." Because the song featured powerful vocals and the bombast that characterizes Metal, the phrase perfectly describes the music as well as the bikes.

Even with these harder, edgier bands on the scene, people were tired of all the happy hippie flower-power music of the day. In response to these complaints, Metal music was born on June 1, 1970 with the release of Black Sabbath's self-titled debut album. The opening song on the album, "Black Sabbath," set the tone for the new genre with a slow, growling beat and lyrics about a man being chased by the devil.

The four original members of Black Sabbath: Ozzy Osbourne, Tony Iommi, Geezer Butler, and Bill Ward, all hailed from Birmingham, England, a poor industrial town with many metal work factories. Their bombastic sound came from the mechanical drone of factory machines. Their dark, sometimes politically charged lyrics came from their love of horror movies and the counter-culture movement.

Bruce Dickinson and the rest of Iron Maiden still give high-energy live performances despite being in their late fifties.

By the mid to late 1970's, Punk Rock was taking hold of Rock n' Roll. In response to this, Metal set itself apart by getting sharply defining itself culturally and musically. In the mid-1970's, Judas Priest hit the scene covered in leather and studs. For the first time, Metal had a fashion "look." The guitarists K.K. Downing and Glenn Tipton were the tightest pair of axe men in the business, and singer Rob Halford's legendary four octave vocal range tore through the sound waves. Halford is one of the first Metal musicians to possess a great vocal range, and he set the standard for future operatic Metal singers.

It took Judas Priest a few years to get popular, but with the creation of MTV in 1980, the band was able to deliver their music video for "Breaking the Law" to a huge audience. While the album sold well, it wasn't until their next album, "Screaming for Vengeance," that the band truly came into their own. The first two tracks, "Hellion" and "Electric Eye," show cased just how synchronized Tipton and Downing are, and the title track "Screaming for Vengeance" showed off Halford's multi-octave screams. These two albums transitioned Priest from the late 1970's into Metal's newest movement.

In 1980 Metal was completely redefined by the New Wave of British Heavy Metal (NWOBHM). This movement incorporated Punk's fast beat, but was still decidedly more refined musically. Leading the charge of this movement was Iron Maiden. This was the year that the band fired their singer Paul Di-Anno and replaced him with legendary front man Bruce Dickinson. Dickinson has a four octave vocal range and a powerful stage presence despite being only five foot six inches tall. Also during that year, the band released its first album with Dickinson titled "Number of the Beast." This album was controversial due to the satanic references in the title track and accompanying music video, but the album hit number one in the United Kingdom.

Iron Maiden is unique from many Metal bands because of their choice in subject matter. While many bands focus on the usual sex, love, drugs, depression, and so on, Maiden's lyrics tend to focus on history and literature. The other single released from the "Number of the Beast" album, "Run to the Hills," is about Native Americans being attacked by white settlers.

Likewise, Iron Maiden's other most popular songs "The Trooper" and "Aces High" are about war. "The Trooper" has a galloping rhythm mimicking horses charging in the battle, and the song is based off a poem by Alfred Lord Tennyson called "The Charge of the Light Brigade." "Aces High" is about a World War II dogfight with the guitars mimicking the rises and falls of a fighter plane in mid-air.

In sharp contrast to Iron Maiden and Judas Priest, the third main presence in the New Wave of British Heavy Metal was Motörhead. This threesome is led by singer and bassist Lemmy Kilmister. Like Judas Priest, Motörhead had a difficult time gaining popularity in the 1970's. But in 1980 the band released its most iconic song, "Ace of Spades," and then the accompanying album of the same title. While Priest and Maiden have two of the most melodic and high energy singers in Metal, Lemmy growls out his lyrics and stands in place while performing. Motörhead's abrasive sound later paved the way for Thrash Metal in the late 1980's.

In 1983 Heavy Metal officially became mainstream with Quiet Riot's "Mental Health" album being the first of the genre to reach number one of the U.S. Billboard chart. Metal was in its heyday, and the genre was about to get another facelift heading into the latter half of the decade.

Arts & Entertainment

The History of Heavy Metal Part 2

By Jonah Robertson
National/World News
Page Editor

While the New Wave of British Heavy Metal was going on, a new genre of metal was evolving, a genre that would be known as Thrash Metal.

The specific origin of Thrash is arguable, but many say that it was heavily influenced, if not created, by the metal band Venom in the late 1970's. However, it did not evolve into an entire genre until the early 1980's with the appearance of Metallica on the scene. They took the heavy sound of the NWOBHM and made it even heavier, with more distorted guitars and heavy, pounding drum beats. The vocals were commonly much less focused on the soaring vocals of bands like Judas Priest, and more on a gruff, angry delivery, seeming almost like shouting at times.

Metallica released the album "Kill 'Em All" in 1983, and though it was a rough, unpolished album, it led the way for many more bands in the next few years. The next Thrash presence to appear was Slayer, who formed in the same year as Metallica. They released their debut album six months after Metallica released theirs. Slayer quickly gained recognition for their talented guitarist Jeff Hanneman.

As Thrash became more popular, the other two members of the "Big Four," the most prominent Thrash bands, appeared. Anthrax released their debut in 1984, which featured vocals of a much higher pitch than that of the other three bands. In contrast, Megadeth was founded by former Metallica guitarist Dave Mustaine in 1985, and they featured a much more gruff, grungy style, more similar to Metallica.

Thrash lead to a new boom in the popularity of Heavy Metal, with each of the Big Four bands gaining quite a bit of recognition in the industry. While the genre was in its hayday, however, another prominent metal genre was born: Death Metal. This genre was much less accessible due to its deep, heavily distorted sound and growled vocals rather than sung ones.

Death Metal was created by the bands Possessed and Death, and featured much more rhythmically complex and technically structured instrumentals than Thrash. While Thrash featured more gruff vocals, Death Metal went even further in their alteration of traditional vocal styles. Instead of singing, their vocalists were known for guttural, animalistic growls as they delivered their lyrics. The lyrics themselves were incredibly diverse, ranging from horror themes and violence to philosophical theories and political criticism. The genre went on to evolve into its two primary forms: Technical Death Metal and Melodic Death Metal.

Technical Death Metal featured very structured, very technical instrumentals focused around a more advanced, complex musical structure than pure Death Metal. This style was pioneered by Death in their later years, along with the bands Pestilence and Atheist.

In contrast to Technical Death Metal, Melodic Death Metal was a callback to the days of the NWOBHM. Melodic Death Metal bands combined the smooth, rhythmic guitar riffing of the older British bands with the harsh vocal and instrumental styling of traditional Death Metal. Melodic Death Metal was originated in Sweden and the U.K. by the bands At The Gates, In Flames, Dark Tranquility, and Carcass.

Both of the sub genres of Death Metal are still incredibly prevalent in the metal scene, specifically in European bands. Scandinavia, Sweden specifically, has an enormous Death Metal scene, and is the home of some of the best bands in the genre.

In the early 1990's, another genre of metal evolved out of a combination of Funk, Rap, and earlier Heavy Metal. This new genre was labeled Nu-Metal, and it was pioneered by the Californian band Korn. Korn took the distorted guitar and heavy drumming of metal and combined it with the rhythmic beats and poetic lyrical structure of Rap. This new style was more accessible to fans of other genres of music, and lead to another boom in the popularity of Heavy Metal. Along with Korn, other bands such as Limp Bizkit, Slipknot, and Deftones were also instrumental in the creation of the genre.

By the late 1990's Nu-Metal had gained a massive amount of popularity. Slipknot had a massive following due to their incredibly aggressive lyrics, loud and complex instrumentals, and impressive live performances by the nine members of the band. Limp Bizkit was stylistically closer to Rap than the other pioneering bands of the genre, focusing less on the instrumentals and more on vocalist Fred Durst's rapping. Deftones had a more technical style, with more complex structuring than many other Nu-Metal bands, while still keeping with the genre's style.

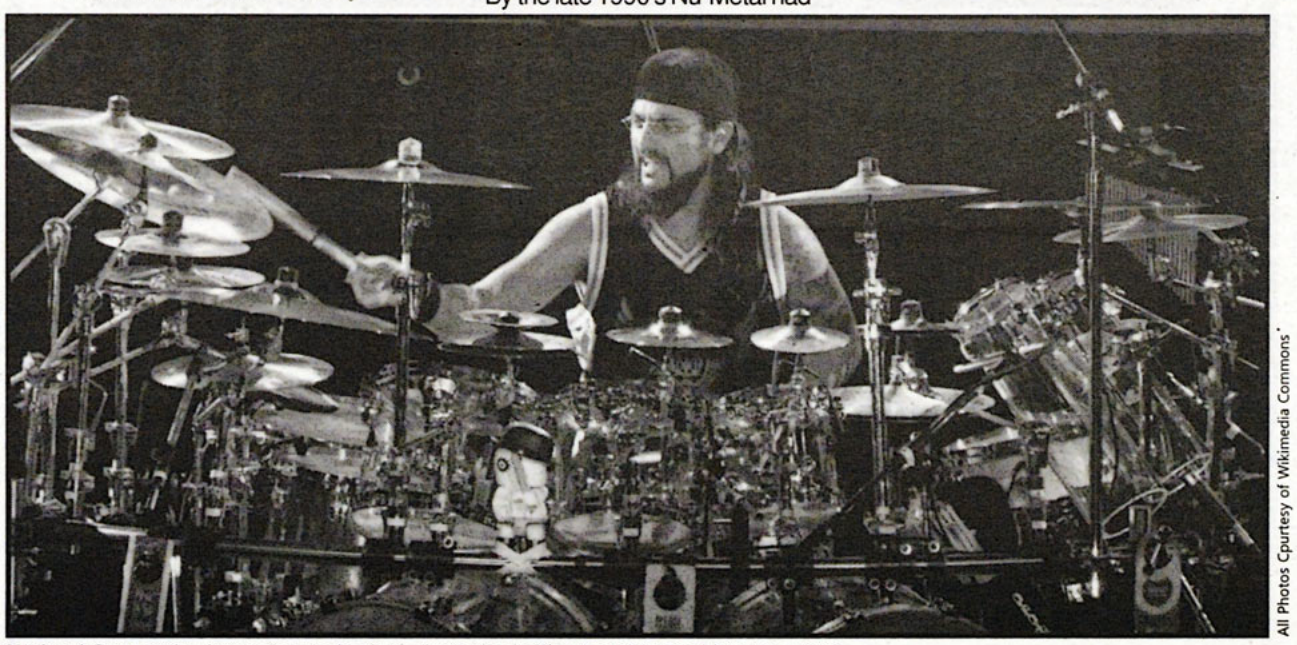
All Photos Courtesy of @DyingLightGame twitter

Kirk Hammett is the lead guitarist for Metallica, and singer James Hetfield is the rhythm guitarist.

The most recent evolution of the Metal genre is Progressive Metal, or Prog Metal. This sub-genre is the most technical, focusing on odd or non-traditional methods of song structuring, the use of unusual instruments, as well as combining many different styles of music. Many Prog Metal bands are more stylistically similar to Jazz bands than earlier Metal bands.

The genre was pioneered in the late 1980's by the bands Dream Theater, Queensryche, and Tool. Dream Theater was well known for their epic song structuring, often including songs over ten minutes in length. The songs were very technically structured, with odd time signatures with the instrumentals and more orchestral structuring. The band's musicians were incredibly proficient, with many people claiming drummer Mike Portnoy is one of the best drummers of all time. Queensryche was a combination of Progressive technicality and the softer style of more traditional Heavy Metal. Tool's style was incredibly cerebral, focusing on many philosophical themes in their lyrics, and very intelligent song structures. For example, the band's song "Lateralus" is structured following the Fibonacci Sequence, a mathematical concept.

In more recent years, Prog Metal has been booming, with bands like Meshuggah, Periphery, Between the Buried and Me, and Opeth continuing the complex musical style of early Prog Metal bands, and introducing even more evolutions to the genre. Meshuggah and Periphery pioneered the Prog sub-genre known as Djent, which focuses around tuning guitars really low so that they make a unique electronic sound. Between the Buried and Me and Opeth both include elements of Death Metal into their styles, while also combining elements of Progressive Rock and Classical music. Metal is an ever evolving genre; who knows what new styles and sub-genres will evolve in the near future.



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Michael Portnoy's drumming is both technically brillant and incredibly inventive.

Sports

WWE 2015 Hall of Fame Inductees Starting to Fill Out

By Matt Vandenburgh
Contributing Writer

Each year, before the biggest event on the WWE, formerly known as World Wrestling Entertainment, calendar, WrestleMania, the WWE honors professional wrestling's past by inducting the men and women that helped pave the way for the current pro wrestlers to follow.

This year is no different, and so far there have been three people chosen to become the next Hall of Fame inductees. Currently, "Macho Man" Randy Savage, Rikishi and Arnold Schwarzenegger have been tabbed as the newest Hall of Famers, to be inducted on Saturday, Mar. 28 in the SAP Center, in San Man's" life, when he proposed to his longtime manager, Miss Elizabeth, and the two were married on WWE television.

The most recent announcement involved Rikishi, a performer from the 1990's, who became popular during what is known as the "Attitude Era" of the WWE.

He wowed audiences with his size, being one of the most agile performers despite weighing over 300 pounds throughout his career. His size also belied his incredible comedic ability, as well as his dancing prowess. Along with Scotty "2" Hotty and "Too Sexy" Brian Christopher, his dancing and palling around with the group "Too Cool" was one of the highlights every time they were on WWE television.

A member of the esteemed Anoa'i wrestling family, he frequently wrestled against his cousin, Dwayne "The Rock" Johnson.

The Anoa'i family's wrestling heritage continues through Rikishi's cousin, Roman Reigns, and his sons, the current Tag Team Champions, Jimmy and Jey Uso.

"I'm honored to be inducted into the HOF by the WWE sic(and) included with such great company," Rikishi posted on Twitter when the news was announced.

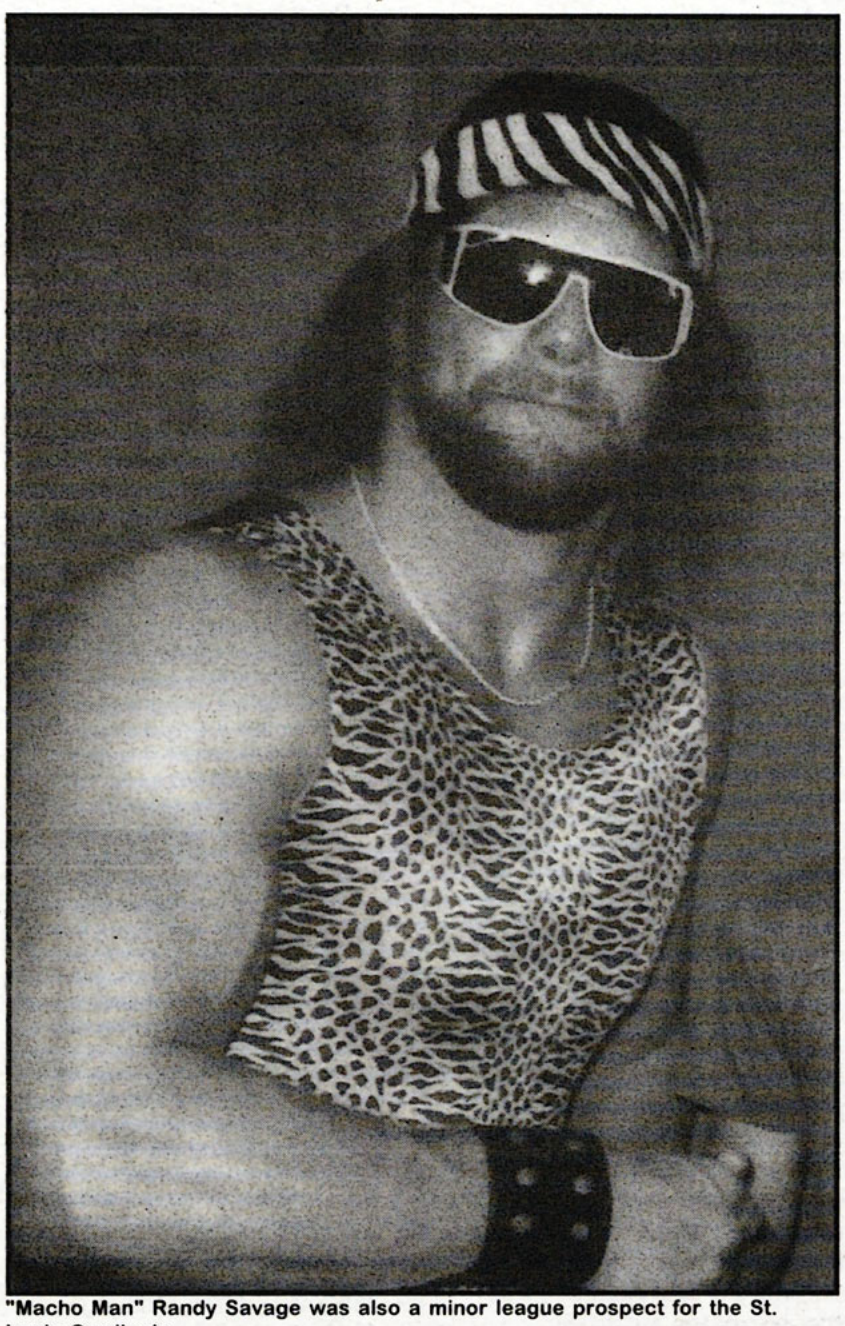
Arnold Schwarzenegger will be inducted into the celebrity wing of the WWE Hall of Fame. Schwarzenegger is a notable wrestling fan, and has been a part of WWE programming. Between his involvement in WWE storylines, as well as his friendships with many WWE legends, his enshrinement is fitting.

Along with his appearances on WWE Smackdown and WWE Monday Night Raw, he has acted in movies with wrestlers such as Jesse "The Body" Ventura and "Stone Cold" Steve Austin.

"A quintessential immigrant success story, Arnold Schwarzenegger has already achieved the American Dream. And now, "The Governator" will be enshrined into the WWE Hall of Fame the night before WrestleMania 31, in the state that he once so proudly led," WWE.com posted in an article confirming Schwarzenegger's induction.

Although these three men are the only confirmed inductees so far, there are rumors of many others getting inducted this year as well. Wrestlingrumors.net, a reputable industry source, has suggested that both Ivan Koloff and Kevin Nash will be honored also. Other potential inductees are Japanese wrestling icon Genichiro Tenryu, according to NODQ.com, and Ray "The Crippler" Stevens, according to wrestlezone.com.

There are generally five to six inductees every year, so while it is unlikely that all of the rumored inductees will make it, there is a high probability that the 2015 Hall of Fame class will continue to grow in the coming weeks.



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"Macho Man" Randy Savage was also a minor league prospect for the St. Louis Cardinals.

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